



CAYUGA COUNTY HEALTH DEPARTMENT

"We promote and protect the health and well-being of the individuals, families and the community we serve."

Kathleen D. Cuddy, MPH
Director of Public Health

September 1, 2021

Cayuga County Health Department Quarantine Guidelines for School Districts

Important Considerations:

- The Centers of Disease Control and Prevention (CDC) defines a close contact as 6 ft. x 15 minutes with or without mask.
- In K-12 setting, social distancing is reduced to 3ft. for students indoors, but remains at 6 ft. for staff.
- Strict adherence to mask wearing among students, teachers and school staff and physical distancing will diminish the number of individuals put in quarantine should they be exposed to a positive person.
- Mask breaks are not to occur in the classroom setting unless greater than 6 feet social distance can be maintained.
- Contact investigation and tracing is reliant on accurate classroom attendance records and seating charts, student/teacher schedules, cafeteria seating charts, and bus student seat rosters.
- Positive persons will be placed into isolation regardless of vaccination status and symptoms.
- A laboratory confirmed COVID-19 positive person is considered infectious during the period of **2 days** prior to onset of symptoms or **2 days** prior to a positive test result
- Individuals are exempt from quarantine should they be exposed to a positive person if they have tested positive for COVID-19 in the past 90 days and has remained symptom free since the current COVID-19 exposure or if a person is fully vaccinated (greater than 2 weeks following receipt of the last dose of the series) and has remained symptom-free since the current COVID-19 exposure.
- The Health Department will make final decisions as related to quarantine for school community members after finalizing the contact investigation of a positive person/s. The Health Department will be monitoring illness in schools and will take action accordingly.